

Introduction to channeling: Meeting your guides and opening the lines of communication.

In this introductory experiential class, you will learn more about what channeling is, what benefits channeling can bring to your life, and how to get started channeling. Through a series of chakra and guided meditations, you will begin to practice opening your lines of communication in order to meet your channeling guides. This session will bring you messages and a sense of love and connectedness.

There are two class options:

In person at Living Bridge Languages: The class is limited to 4 participants and lasts approximately 4 hours with a light lunch break.

Teleconference: This version of the class lasts approximately 3 hours and is for those who cannot travel to Living Bridge Languages. It is as though we are in each others' presence and just as successful.

The experience is uplifting, and loving AND you will connect with those guides who love you and help you always be the best version of yourself.

Deepening the connection: Strengthening your ability to receive and relay messages from the Divine.

In this class, you will re-connect with your channeling guides that you met in Introduction to channeling. Through guided group meditation, you will practice opening up the communication lines with your guides and receive loving messages for yourself and for each other in the class. This course is designed to strengthen your channeling "muscle" through this experiential group practice. The class is limited to 4 participants and lasts approximately one and a half hours, in person and/or in teleconference. This loving class will increase your primary method of Divine expression as well as strengthen other ways of communication. You will learn to trust the information that you receive to bless your life and others.